Rapid Response Team

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NHS
Greater Manchester
Integrated Care

Children and young people CRISIS CARE PATHWAY

Suicides in under 18s

- Patients aged under 18 were more often female than those aged 18-24.
- The majority lived with their family.
- Over a third were known to have experienced emotional, sexual and/or physical abuse.
- They had higher rates of anxiety and autism
- 76% had a history of self-harm.
- Suicide-related internet use was more common (24% v. 15% of 18-24 year olds);
- 13% had experienced cyberbullying.

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Service Aims and objectives

- The voice of the YP -9 pledges
- The right help at the right time by the right person

- Avoidance of A & E
- Avoid inappropriate admissions to tier four services
- Avoid peadiatic admissions without need

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Principles of REACH-IN

- **R**ecovery focused & Responsive
- **E**vidence Based & Effective
- **A**ccessible & Available
- **C**omprehensive
- **H**olistic
- **I**ntegrated
- **N**eeds Led

Children and young people

CRISIS CARE PATHWAY

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Rapid Response Teams

1. West RRT
2. North RRT
3. Central RRT
4. South RRT

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Rapid Response Teams

- Will ensure CYP seen within 4hrs of presenting in crisis, hopefully sooner
- Providing an assertive outreach model that aims to prevent further escalation and avoid hospital and/or A&E admission
- Support Core CAMHS, Social Care, emergency services and wider partners (VCSE Sector), providing consultation and advice – remote working - in real-time when dealing with a developing crisis
- Can support a young person for up to 72 hours

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Current RRT Pathways

- Core, Targeted and extended CAMHS- including extended duty CAMHS offer
- All Age Mental health Liaison
- NHS111 and 24 Hour helplines
- Medic on call
- Safe zones
- Greater Manchester Assessment and In reach Centre
- EIT and CMHT services (up to the age of 18 years)
- Self re-referrals (YP previously accessed RRT intervention)
- MHUT
- MHST

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RRT Current Practice

- Triage
- Consultation and signpost
- Accept for 72 hour pathway
- Risk assessment ,risk formulation, risk management
- Safety planning
- Interventions with CYP and Family
- Liaison
- Discharge review and plan

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Lessons learnt

- RRT has been open for 5 years
- Research and pilot projects
  - Joint response vehicle pilot project (PCNFT CMHT in partnership with Police and Ambulance)
  - Blue Print study – study to inform development of services for children in the future
- COVID
- Recruitment and retention
- Travel (cross covering)
- IT and communication

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Future opportunities

- Wider systems review with all Partners
- Moving away from crisis care pathway to acute pathway offer
- Acute services re design
- Existing services working more closely allowing new projects to align with crisis response offer

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Further Info

www.penninecare.nhs.uk/gmccp

Self-harm and Suicide Prevention Competence Framework: Children and Young People National Collaborating Centre for Mental Health October 2018

NICE guidelines self harm 2022

The National Confidential Inquiry into Suicide and Safety in Mental Health (NCISH) 2010-2020