YOUTH ACCESS

A rights-based approach to mental health care

The context

- Pandemic
- Cost of living
- Economic outlook
- Complexity of young people's needs
- Levels of demand
- Inequalities
- Public spending
- Changing NHS landscape

What underpins a rights-based approach?

Young people have the right to "the highest attainable standard of physical and meantal health" (UNCESCR)

And to be involved in decisions that affect them - at the individual and system level (UNCRC)

"The service is designed to improve, prevent, diagnose and treat both physical and mental health problems with equal regard. It has a duty to each and every individual that it serves and must respect their human rights."

NHS Constitution

Our Minds Our Future manifesto

1. Experts who understand
2. Services made for us
3. Services made with us
4. Equity, diversity & accessibility
5. Help when we need It
6. Education & training for all
7. A ‘whole life approach’ to mental health

Mental health

does not exist in a vacuum

What is a YIACS?

- Community-based
- Open access
- Integrated support
- Youth-friendly
- 11-25 years

Why YIACS?

- Effective
- Wider reach
- Bridge, not cliff edge
- What young people want

Theory of change

Thank you!

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