Include Autism Workshop

#IncludeAutism

Ambitious about Autism

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What we will cover today

- Introduction to Include Autism
- The Include Autism toolkit & workshop
- Bella & Georgia's stories

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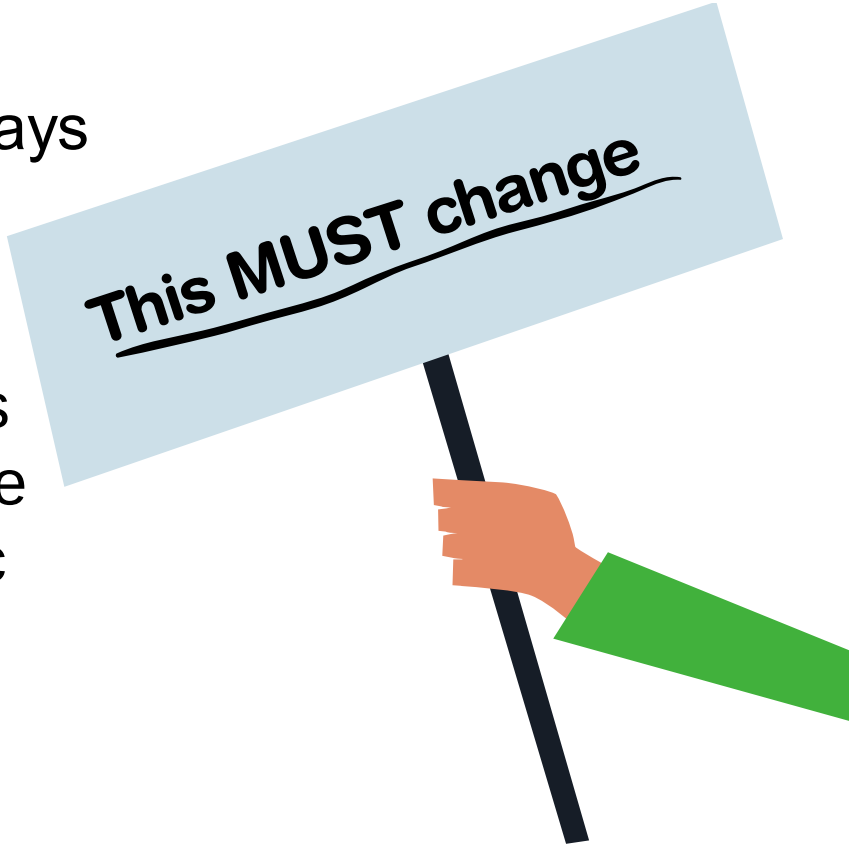
Introduction to Include Autism

- The Youth Patrons haven’t always had an inclusive experience at school or youth groups
- The Include Autism Project has created resources to make sure everyone is inclusive of autistic young people



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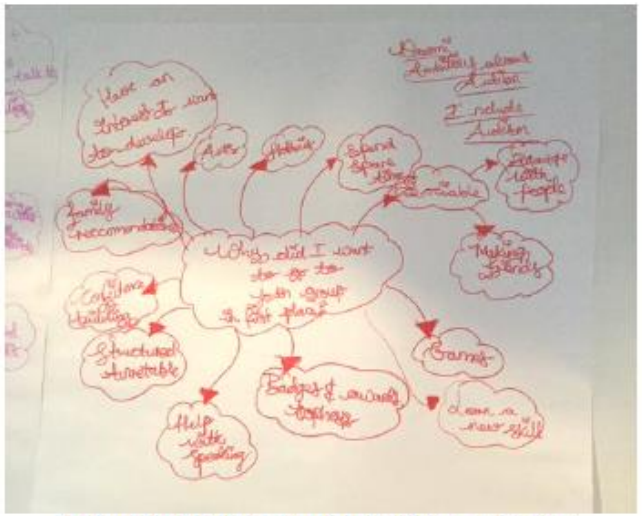
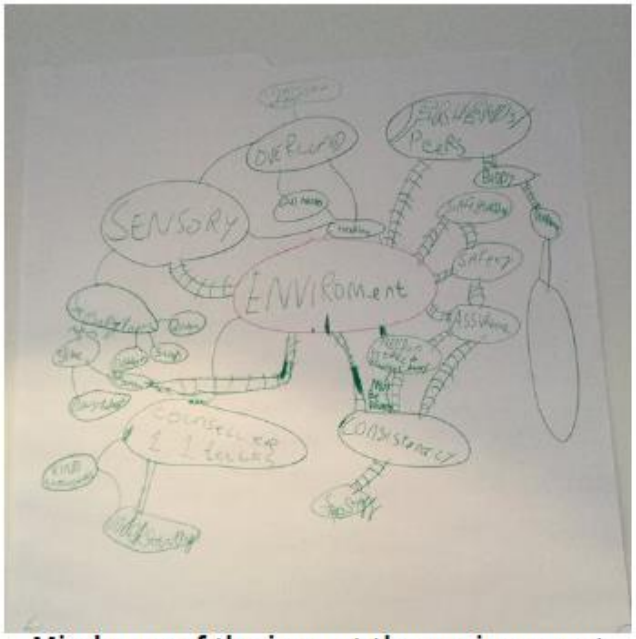


Mind mapping why youth groups are important to young people

Youth Patrons deciding on how to introduce Include Autism to youth professionals.



Mind map of the impact the environment can have for an autistic young person

Youth Patrons looked at examples of toolkits to decide on what they wanted their's to look like

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Georgia E (top left), Bella (centre), Sam (top right) and Craig (bottom left) working on Include Autism

Shane and Sam at the Scouts Include Autism workshop

Youth Patrons Georgia and Kieran with Alison from Ambitious about Autism on Channel 5 News.

Youth Patrons delivering Include Autism to The Quakers.

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Top tips and practical resources for autistic young people

Do you think your youth group could be more accessible?

Would you like to learn how to make small changes that make a big difference?

Do you want to hear from young autistic people about what works?

We are the Ambitious about Autism Youth Patrons and we have the answers to your questions.

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Top tips and practical resources for parents and carers

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Top tips and practical resources for youth group leaders

Do you think your youth group could be more accessible?

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Feedback from pilot workshops:

95% of attendees felt the workshops achieved the objectives set out

92% of attendees felt confident to support an autistic person after the workshop

92% of attendees felt confident to adapt activities to meet needs after the workshop

80% of attendees felt confident to adapt their communication style

Youth Patrons trained 530 adults and young people to Include Autism in 2019

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Harris Primary Academy welcomed Include Autism with open ears in their reception to year four cohort.

Youth Patrons speaking to Young Londoner's Participation Network

The Mix, an online support charity had training for all of their support staff and youth engagement team/

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Toolkit topics

- Communication
- Interaction
- Processing information
- Sensory processing
- Meltdowns and shutdowns
- Icebreakers
- Environments
- Support strategies
- Editable resources

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Link to your toolkit:
www.ambitiousaboutautism.org.ul/include-autism-toolkit

Bella's story

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Georgia's story

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Things we want our non autistic peers to know

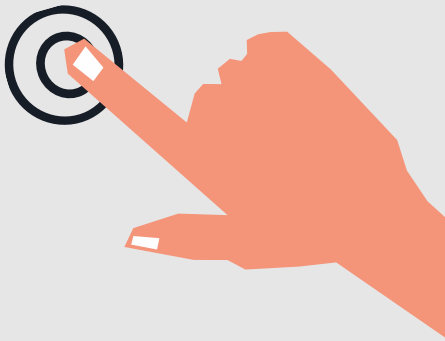
- If you have any questions about autism, please ask.
- Don’t laugh at others for the way they move.
- Meltdowns and shutdowns aren’t funny – please don’t try and make others have either of these.
- Capabilities can change from day-to-day and hour-to-hour.
- Autistic people can have really focused hobbies or interests which they like to talk about a lot.

How you can support autistic young people

- Ask them what autism means for them – what are they really good at and what do they find difficult
- Ask them what they want you to do if they get overwhelmed
- Talk to them about their special interests – this is something that brings a lot of happiness
- Be kind and respectful
- Don’t force them to get involved in games they don’t want to - but do invite them to play
- Understand that everyone is different and it is important to accept everyone as they are

Get in touch!

If you are unsure of anything we have said or want more information please email us at participation@ambitiousaboutautism.org.uk



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