# Noticing and Supporting Girls with ADHD

My story of a missed diagnosis – Laura West, an instructor for CPI.

# My diagnosis timeline

Primary School

Secondary School

Sixth Form

University

Referral

# The referral pathway

The service specification also recognises that young girls and women are:

- Less likely to be referred for an assessment for ADHD
- May be more likely to have undiagnosed ADHD
- More likely to receive an incorrect diagnosis of another mental health or neurodevelopmental condition.

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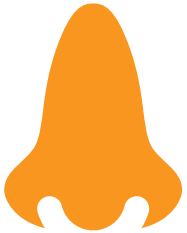
- All referrals will include the first six questions of the Adult Self Reporting Scale (ASRS) ASRS v1.1, and to qualify as a valid referral, four of the six questions must indicate a positive screen for adult ADHD.

# My signs

Bossy



Nosey

Mature

Imaginative

Good Grades

Messy

Sensory

Social Struggles

Bored easily

Impulsive

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# References


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