HALO PROJECT
Break the Silence

HALO HOPE:
EMPOWERING VICTIMS AND SURVIVORS THROUGH TRAUMA-INFORMED SPECIALIST EDUCATION

WHAT IS HALO HOPE?

The Halo Project, a domestic and sexual abuse charity, identified a national gap in service provision for Black and minoritised victims and survivors of abuse, who informed us their needs were not being met, nor understood, by mainstream domestic abuse programmes.

Halo Hope was created and written by Halo Project and the survivors we support to increase awareness and, through trauma informed community education, empower women and girls to prevent and break the cycle of abuse in the future, and, most importantly, heal and recover from it.

"I no longer feel alone and now I do have hope. I have stopped blaming myself and I am moving on with my life."

- Survivor, and Halo Hope programme graduate

TELL ME MORE

The specialist programme for victims and survivors includes 6 modules and delivery can be 1:1 or in groups. It is proven to aid in recovery for those affected by trauma, helping them recognise and acknowledge that abuse of any kind is legally, morally, and culturally unacceptable.

HaloHope
Transforming & Empowering Lives

MODULES INCLUDE:

- Understanding the complexities of domestic abuse
- The difference between abusive and non-abusive relationships
- The difference between forced and arranged marriages
- Effects of forced marriage, honour-based abuse and FGM on victims, survivors and children
- Impact of honour on victims, survivors, and communities
- The multiple barriers faced by FM, HBA and FGM victims in accessing support
- Why and how to seek help and specialist support
- Keeping safe, moving forward, and future aspirations

For further information about Halo Hope, or to book, please contact us on the details below.

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