



affinitytrust

Supporting people with learning disabilities



Improving Lives – Ruth's Story

About Affinity Trust

- Registered Charity
- Supporting People with Learning Disabilities since 1991
- Support 900 people across England and Scotland
- Origins in supporting people with complex needs leaving hospital
- Most people live in their own homes



affinitytrust

Supporting people with learning disabilities

Origins of service

- Successful step through services in Cambridgeshire
- Had already discussed this model with commissioners
- DOH grant
- Agreed partnership working
- Property purchase and refurbishment
- Joint project team to manage implementation and risk



affinitytrust

Supporting people with learning disabilities

Step Through Model

- Mix of permanent tenancies and step through flats
- Aimed at people leaving in-patient services or at risk of admission – now Transforming Care
- Supported living with robust specification
- Time limited tenancy for Step Through accommodation
- Our own landlord
- Joint working plans and protocols
- Specialist recruitment & training
- Increased management support
- In-house psychology support

Principles of Support

- Professionals working in partnership
- Comprehensive initial assessment
- Person centred support plans
- Evidence based (PBS, SPELL)
- “Just enough” support
- Positive risk taking
- Values based
- Increased independence and reduced reliance upon paid support
- Build a core team who may move on with the individual



affinitytrust

Supporting people with learning disabilities

Working with Ruth

- Transition with Ruth and her team
- Team development
- Bespoke training
- Involvement
- Partnership working



affinitytrust

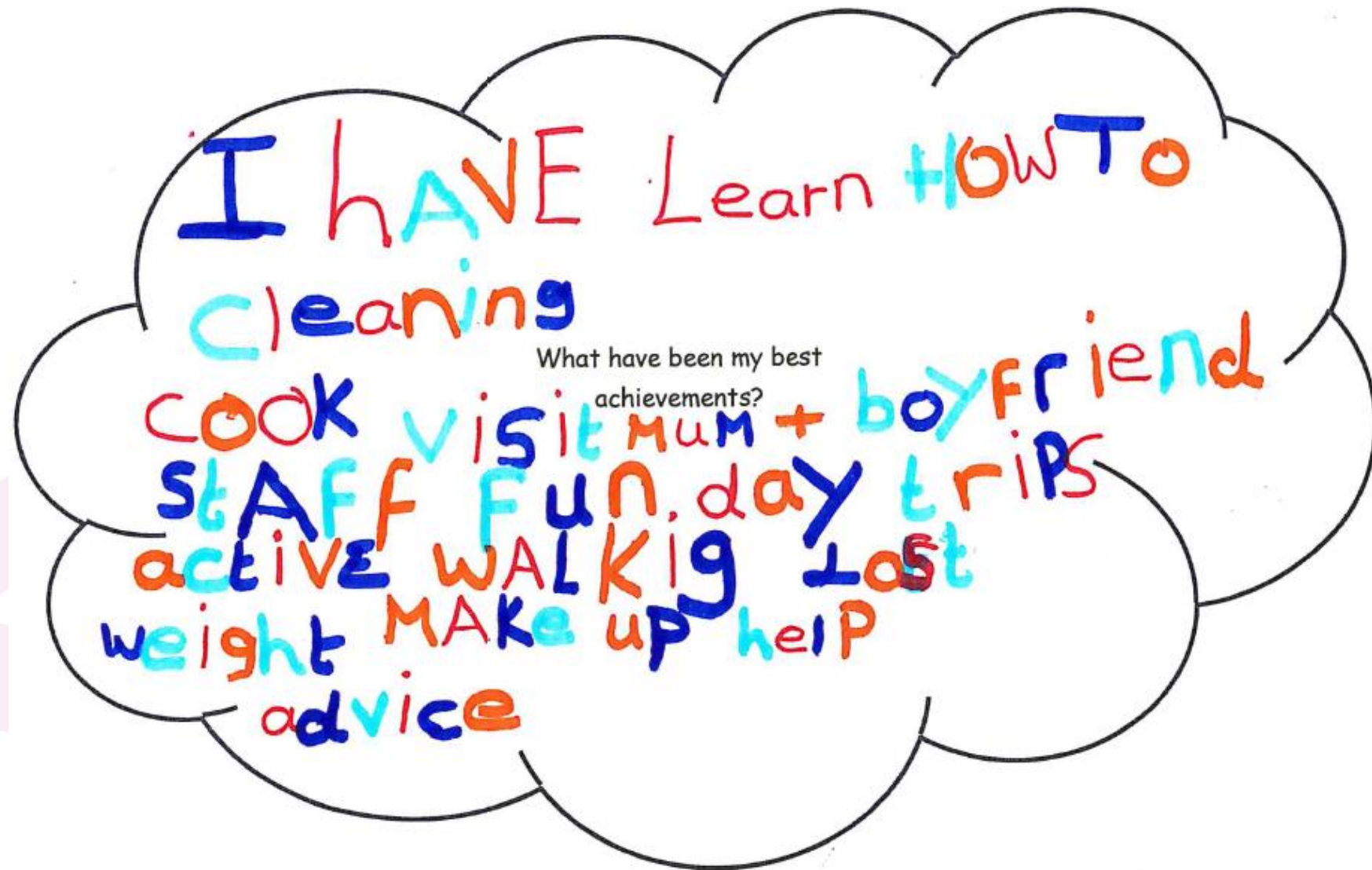
Supporting people with learning disabilities

Ruth in 2017

- Ruth's Home
- Community Living
- Social network and support
- Medication
- Future planning and Goals
- Embracing and enjoying support



Ruth in 2017



Ruth in 2017

What is working well for me?

do things on MY own
Talk to Staff
Freedom
Excited home

Ruth in 2017

on holiday on
centre Parc's Aeroplane

What are my wishes and goals for
the future?

Loosing weight,
horse riding
big house with a pool
A car.



affinitytrust

Supporting people with learning disabilities

Meet Ruth





Thank You

Any Questions?



affinitytrust

Supporting people with learning disabilities